

THE AMAZING JOURNEY OF CUPPA



Can you write your new nickname here

&

Can you draw your face

CAN YOU COMPLETE THE JOURNEY TO THE TOP?

You have **10** missions to complete - place a sticker in each completed mission. Can you complete your journey to the top and your confident best?

THE BIG SECRET OF HOW CUPPA GOT HIS NAME

START FACE

Can you put a number to your smiley start face

END FACE

Can you put a number to your smiley end face

Find the Missing Words

I had to myself. I always had to keep going on my journey and I did this by valuing myself& Sometimes things did not go right so I had to be I always tried to turn a situation into a outcome. On my journey, I was tempted to But I remembered that my would help me see the to a situation. Every time I had I decided to be

How does Ali Action help me my best?

How does Paula Perception help me my best?

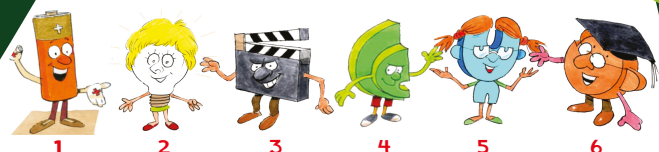
draw the invisible eye

How can Pete Positivity help me my best?

How can Ursula Uniqueness help me my best?
Complete the Q & A Shield

How can Charlie Challenge help me my best?

START



- | | |
|---------|---------|
| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Can you put the sayings next to each of their names?

Charlie Challenge
Ursula Uniqueness
Pete Positivity
Paula Perception
Ali Action
Mr Confident

10

9

8

4

5

6

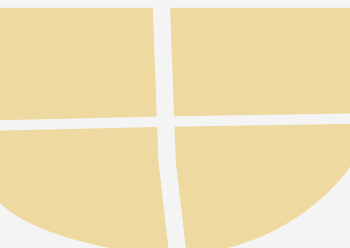
1

2

3



TIME TO TAKE A DOUBLE BREAK!
TURN OVER & PLAY GAMES 3&4



draw your resilience roar

Signed Teacher:

Signed Parent:

How do you feel about yourself now?

What would **CUPPA** say about your journey?